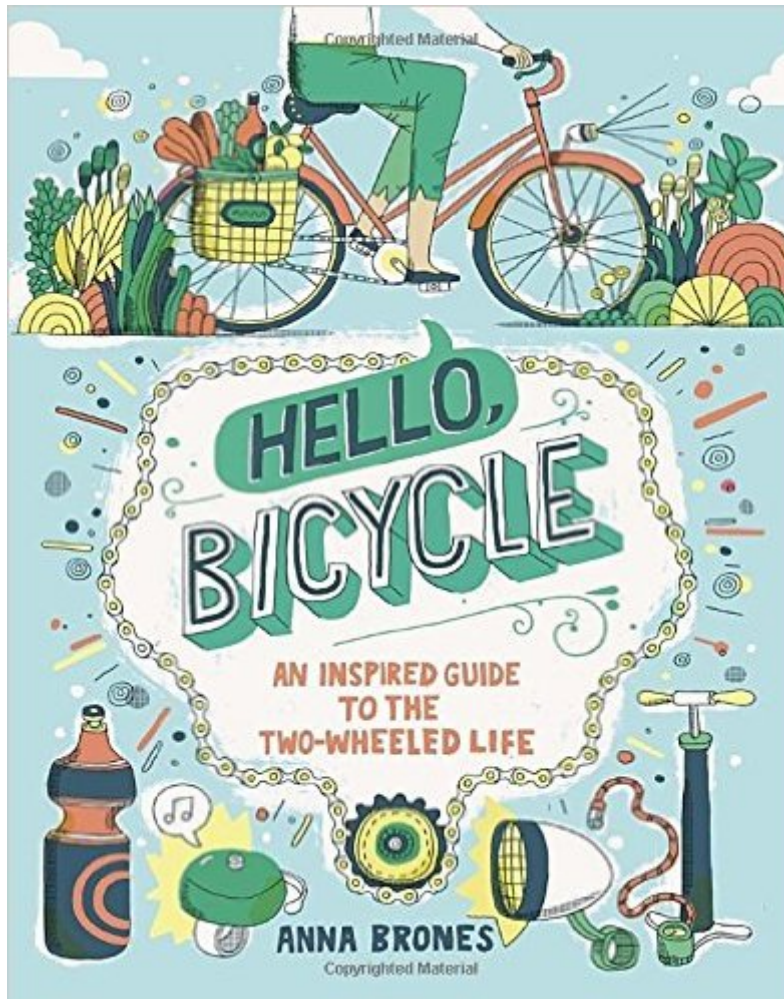


The book was found

Hello, Bicycle: An Inspired Guide To The Two-Wheeled Life



Synopsis

An inspirational and encouraging illustrated guide to the world of bicycles and cycling, with practical information on bike buying, riding, repairs, and maintenance as well as countless suggestions on how to better enjoy your wheels, from packing a bike picnic to crafting art projects using spare parts. Believe or not, anyone can be great at cycling. Let Hello, Bicycle empower you. Riding a bike is one of life's simple joys—it's fun, freeing, and good for the planet and our health. Hello, Bicycle is a practical guide to the bike life with real-world advice, covering everything you need to know to up your bicycling game and ride with confidence and style. Filled with everything you need to know about:

- Buying new, used, and custom bikes
- Making the switch to bike commuting
- Riding, locking, and storing your bike
- Maintaining your bike at home (and what your mechanic should handle)
- Picnicking, traveling, camping, and touring by bicycle
- Creating DIY bike projects
- And much more!

Adorable illustrations and friendly tips will make even the most daunting cycling endeavors seem doable! This inspiring, giftable, informative, and fun handbook offers something for cyclists of all types, whether you're new to biking, looking to get back into it, or a seasoned rider who wants to take it to the next level.

Book Information

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Customer Reviews

Anna Brones, Hello Bicycle: An Inspired Guide To the Two-Wheeled Life. New York: Crown Publishing Group, 185 pp. \$11.40 I got my first bicycle when I was six years old. It's been over forty years since I learned how to ride a bike. These days, taking a long ride is one of the most

enjoyable things I do. Hello Bicycle: An Inspired Guide to the Two-Wheeled Life, by Anna Brones explores the many-faceted world of cycling. The first thing that readers will notice is the extraordinary layout of the book. The book not only has a nice feel; it is loaded with creative artwork that only adds to the content. Second, this is a practical book. Beginning, intermediate and advanced cyclists will benefit from Brones's cycling wisdom. A quick glance at the table of contents provides a good overview of the author's strategy: Why Bicycles? What Do I Need to Know to Ride? Taking Care of Your Bicycle Biking For All Activities Essential Provisions More Than Just a Ride Much of the material is very basic, so beginning riders will profit the most from this work. However, the author also includes some excellent ideas for nutrition and even adds some favorite recipes that all riders will benefit from. Hello Bicycle is a fun read that should be devoured by anyone who spends time in a saddle. Good work, Anna Brones! I received this book free from the publisher. I was not required to write a positive review.

SUMMARY: As the bicycle craze catches on, bicyclist, author and foodie, Anna Brones, shares her knowledge, love and enthusiasm of bike riding with readers. Whether biking seriously, cycling for recreation, commuting to places or leisurely pedaling, Hello, Bicycle offers lots of information on the subject of bicycling. With the history of bicycles, recipes for the road, accessories for the bike, maintenance of the vehicle, safety for the street and resources/ hacks for cyclists, this sturdy little book packed with useful ideas and cute illustrations will get you on two-wheels fast! **A PENNY FOR MY THOUGHTS:** As an avid recreational biker for most of my life, I loved this book. Full of required information but lots of creative ideas too, Hello, Bicycle is perfect for the experienced or new biker. The included recipes gave me some new options for our protein-packed jar meals on those longer rides, and the nostalgia of inserting playing cards in the spokes for that added clicking noise was so fun! (I am sure my kids will love it when I put some in my wheels for the next ride, LOL). Great as a gift or wonderful for your own use, this book is certainly a necessity in the world of biking. **RATING:** 5 (out of 5) pennies* I received a complimentary copy of Hello, Bicycle from Blogging For Books for my honest review*

Hello, Bicycle: An Inspired Guide to the Two-wheeled Lie by Anna Brones is a thorough guide on becoming a cyclist. This isn't so much on how to be a competitive cyclist, but rather on how to incorporate more cycling into your everyday life. There are tips on how to care for your bike, how to choose the best bike for your lifestyle, how to secure your bike and how to customize your bike. The author also explains how to commute by bike and how to use your bike for leisure pursuits such as

camping and touring your area or even places that are far away. There are beginner, intermediate and expert tips on all of these topics. This book also includes a good section on getting your kids involved with biking. My kids are young. My six and nine year old kids know how to ride a two-wheel bike, but my three year old does not. I think these were great tips on getting them ready to take family bike rides. For the entrepreneur, there are even tips on how to have a bicycle-based business. There really is almost everything that you need to know about biking in every aspect of your life. Disclaimer: I received a free copy of this book from the publisher in exchange for writing an honest review. I did not receive any other compensation.

Hello, Bicycle is a fun filled guide to what having a bicycle is like! It's the perfect handbook to learn how to take care of your bike, how to commute to work or school and what it is like to travel with your bike. If you are new to the bike world or someone who just want to learn more about the bike world, then this is the book for you!! For me, this is more of a book geared toward someone who just received their first bike but it does have a section for how to properly take care of your bike and that's a awesome section to have for anybody and any skill level. I have been riding bikes over 25 years now and even though some of the info was kind of old news for me, it does give you some new ideas to consider while riding. The only thing it would have been perfect in this book, would have to have a guide on which bikes are better for what activity you plan on doing. Thank You to Anna Brones for writing this book that shows everyone, what fun you can have riding a bike!!! received this book from Blogging For Books in exchange for a honest review.

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